From Guidelines to Commission Regulation (EU) No 655/2013 laying down common criteria for the justification of claims used in relation to cosmetic products

Criterion	Description	Examples of claims (only illustrative and not exhaustive) and remarks
Truthfulness	Neither the general presentation of the cosmetic product nor individual claims made for the product shall be based on false or irrelevant information.	The claim 'silicone-free' shall not be made if the product contains silicone.
		The claim '48-hour hydration' is not allowed if the set of evidence only supports a shorter period of hydration.
	If a product claims that it contains a specific ingredient, the ingredient shall be deliberately present.	Products explicitly or implicitly claiming that they contain honey must actually contain honey, and not only honey flavour, in order to be truthful.
	Ingredient claims referring to the properties of a specific ingredient shall not imply that the finished product has the same properties when it does not.	The claim 'contains moisturising aloe vera' or prominently picturing aloe vera shall not be made if the product itself has no moisturising effect.
	Marketing communications shall not imply that expressions of opinions are verified claims unless the opinion reflects verifiable evidence.	